



Pure Movement LLC  
One Marginal Way, 2<sup>nd</sup> Floor  
Portland, ME 04101  
(207) 871-7873

### BarSculpt Instructor Training Application

Name:  
Address:  
City/State/Zip:  
Date:  
Home Phone:  
Cell Phone:  
Email:

**REGISTRATION - Must be received 2 weeks before first day of course.** Space is reserved ONLY upon receipt of application, 2 letters of reference and **non-refundable deposit**. Space is limited and applications will be processed on a first-come, first-served basis. NOTE: Deposit is returned if applicant is not accepted into course.  
Please indicate preferred course(s) below, and fill in start date of desired course(s).

\_\_\_ **Pilates on Fifth,**  
**501 5<sup>th</sup> Ave. Suite 2200**  
**New York, NY 10017 Aug.23<sup>rd</sup> – 27<sup>th</sup>**

**PAYMENT METHOD:** Deposit Only = \$200 OR Payment in Full = \$800 (Please circle one method of payment )

Amex      Discover      Master Card      Visa      Check Enclosed  
Card # \_\_\_\_\_ Exp \_\_\_\_\_  
Signature \_\_\_\_\_

### BarSculpt Certification Requirements

- Initial \_\_\_\_\_
- 40 hour certification course
  - 10 hours of practice teaching.
  - 15 hours of class participation
  - 5 hours of observation
  - Within 6 months of the last day of your certification course you must teach a class to an instructor trainer as your practical exam.
  - To continue your certification in good standing you must annually teach a class to an instructor trainer.

**CANCELLATION POLICY** Course fees are due in full 10 days before the start of the course. Please note that once payment and confirmation of the course have been made, there are no refunds. You may receive credit with Pure Movement LLC if you decide to postpone your course. You may do so within a 6 month time frame after which there will be no refund. Once a student has begun a course there will be no refunds.

### RELEVANT EDUCATION

Please list related degrees, diplomas, post secondary or certificate courses, and workshops.

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Outline education in anatomy (courses/workshops taken)

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List related certification eg. ACE AFAA etc. (please specify)

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**RELEVANT EXPERIENCE**

Outline your teaching experience in body movement; dance, Pilates, Yoga and/or fitness field.

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**PERSONAL INFORMATION**

Do you have any injuries, ailments, special conditions, or postural issues, including current or recent pregnancy, that may affect your performance during the course?

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How did you hear about BarSculpt? \_\_\_\_\_

How do you plan to use your instructor training (how will you be applying your knowledge)?

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*Please return application, 2 letters of recommendation and non-refundable deposit to: Pure Movement LLC, One Marginal Way, 2<sup>nd</sup> Floor, Portland, ME 04101*  
Pure Movement Portland Application 7/10