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Pure Movement is a special place to relax and feel comfortable and safe and enjoy a beautiful, grown-up environment. Our policy is to make your workouts as fun and productive as possible. We hope you enjoy your experiences here and ask your cooperation in observing a few basic policies. Thank you for your consideration – and for being part of our community.

- Please **check in at the front desk** before each class.
- As a courtesy to your instructors and fellow students, **arrive on time** (or better yet early) for classes, and inform the instructor if you must leave early. If you are more than ten minutes late, you will not be able to join the class.
- To make the most of our limited space and protect the floors, **do not bring street shoes, food, or any drinks other than water into the class studios.** You may bring in water, a towel, and any other items needed for the class. If you wear sneakers or dance shoes to class, please be sure the soles are clean before entering the studio.
- To maintain our peaceful environment, **turn off or silence you phone or pager** while you are here.
- All classes on our schedule are ‘first-come, first-served.’ If a class is full to capacity, you may be refused entry. For popular classes, arrive early to ensure your place, or schedule ahead. Workshops are first-come, first-served by paid registration.
- Pure Movement Portland is designed for adults; we do not have facilities or staff for childcare. For their own safety and the comfort of other members, **do not bring children to the studio.** Mature teenagers 15-17 are welcome to take classes at the discounted student rate or private training may be arranged.
- Pure Movement Portland is not responsible for theft of valuables in the studio or parking lot.

#### **Payment Terms**

- By necessity, Pure Movement Portland enforces a strict cancellation policy for all private training appointments and workshops. You must **cancel at least 12 hours in advance** of your private appointment or workshop start time. Late cancellations and no-shows cannot be credited.
- All class card, monthly memberships, or payments and private training payments are **non-refundable**, but are transferable.
- Family members in the same household may share a class card. The monthly memberships cannot be shared and will not be discounted for family members.
- We accept cash, check, debit/ATM/check cards, Visa, MasterCard, and American Express.

#### **Wardrobe/Recommended Attire**

- Wear comfortable exercise wear that allows for a full range of movement and will keep the body warm during cool down exercises – full length pants are recommended.
- Socks are mandatory for BarSculpt classes, due to the nature of the class, and recommended for Pilates (Mat and Apparatus). If you arrive for BarSculpt class without socks, you will need to purchase a pair.

#### **Safety Concerns**

- As per the waiver, you must let Pure Movement Portland know about pertinent health issues or anything you think may affect your workout. If your condition changes including pregnancy, or minor falls, please let us know so that we can provide you the safest possible workout.